

## **Weekly COVID-19 Testing at HFGS from My Shepherd Testing Company**

Dear HFGS Parents, Faculty, Staff, Parish Staff, and Students,

I look forward to starting the COVID testing program with HFGS. To introduce myself, I am **Wayne Tsang, the CEO of My Shepherd Testing**. Our motto is safety simplified. Our goal is to provide safer environments to our partner organizations by providing regular covid testing in hopes of preventing outbreaks in a way that least disrupts the education process.

We use PCR tests, the gold standard in detecting COVID infections and our test specifically is the 2<sup>nd</sup> most sensitive test approved by the FDA to catch the earliest infections. When comparing PCR tests to Rapid antigen tests, antigen tests may have a result in 15 minutes but it takes a lot longer to deploy testing in a school as each test is like a mini chemistry set, Rapid tests typically use deep nasal swabs and have far lower sensitivity and poor at detecting early infections for preventing outbreaks.

With HFGS names of faculty, staff, parish staff, and students, this will help me create a barcode sheet. The barcode sheet helps us know which test belongs to which person that day. How quickly testing is done depends on how quickly we can move classes in and out of testing. The students will take some time to get acquainted with the process.

**START: Wednesday, 11/3/2021 8:30 a.m. - 11:30 a.m.**

**Test: PCR Nasal Swab Testing**

**Venue: GS Auditorium**

**By: 2 (Two) Medical Professionals from My Shepherd Testing**

**Schedule: Every Wednesday**

Next, I have attached a simple instruction sheet. I have also attached a QR code separately for you to use where needed. The QR code directs the individuals in your organization to an online registration form, we will only be testing those who have registered. Alternatively, you can also use the following link:

[https://docs.google.com/forms/d/e/1FAIpQLSfEieV\\_BSXpo1alcbXNRJXU13G4K8fgLbOqe35NRBsLtQR-eg/viewform](https://docs.google.com/forms/d/e/1FAIpQLSfEieV_BSXpo1alcbXNRJXU13G4K8fgLbOqe35NRBsLtQR-eg/viewform)

As confirmed, Ms. Charlius Medina is the point of contact for My Shepherd Testing. She is the only person with access to your school portal where Ms. Medina can view all the results of the testing. I will also send a link so Ms. Medina can view everyone who has registered to help push registration around the organization.

On the day of testing (Wednesdays), classes will be brought out one by one to the designated testing area the school has provided to My Shepherd Testing. The sequence of classes will be worked on once we receive the roster as mentioned above.

Ideally, we would test the youngest first prior to their first recess break, the youngest, kindergarten and below, should refrain from eating and drinking for 30 minutes prior to testing. When classes start coming, we will test the students and teacher and the teachers can help call and identify the students. It will take roughly 30 seconds per person.

Once we have collected the samples, they are shipped to our lab and arrive early the next morning for processing. Results come in 24-48 hours after samples arrive at the lab. Once results are ready, individuals will get an email and a SMS message informing them their results are ready. Simply click on the link provided and provide your name and date of birth to view results. All the results can also be viewed in the portal as soon as they are done.

To repeat, HFGS will test on Wednesdays as per families' request.

Sincerely,

**Wayne Tsang**

CEO

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