Mrs. Justine Plocher: School Counselor jplocher@hfgsglendale.org 626.421.7296

Counseling services are available for children and families. Please contact me for zoom, in person, and phone sessions.

STUDENT SUPPORT SMALL GROUPS

ATTENTION 8TH AND 7TH GRADE STUDENTS! STUDENT GROUPS START THIS WEEK!

8th Grade

Wednesday, January 27th 4:00 PM Click <u>here</u> to join zoom meeting Meeting ID: 713 6815 5006

Passcode: 7EA3rf

7th Grade

Thursday, January 28th 4:00 PM Click <u>here</u> to join zoom meeting Meeting ID: 710 0710 3119

Passcode: NfT961

Your student is invited to join a grade specific zoom session focused on *managing stress* and *coping strategies*. The goal is to provide students a safe place to explore challenges and provide support!

Every group starts at 4 p.m. and will be approximately 30-45 minutes long. A zoom link will be provided the week of your small group. Please contact me with any questions.

Mrs. Justine Plocher: School Counselor jplocher@hfgsglendale.org 626.421.7296

Counseling services are available for children and families. Please contact me for zoom, in person, and phone sessions.

Grade 8: Wednesday, January 27th
Grade 7: Thursday, January 28th
Grade 6: Wednesday, February 3rd
Grade 5: Thursday, February 4th
Grade 4: Wednesday, February 10th
Grade 3: Thursday, February 11th
Grade 2: Wednesday, February 17th
Grade 1: Thursday, February 18th
Grade K: Wednesday, February 24th

