



Newsletter 9.16.2019

www.hfgsglendale.org



Rules to follow at HFGS play area

1. One person on the slide at a time
2. Sit when going down the slide.
3. Do not climb up the slide from the playground matted area.
4. One person climbing at a time
5. No pushing.
6. Take turns.
7. Bikes are ridden in designated grade level areas.
8. Hoppity Hops are used with care on the astroturf. No swinging or hitting the Hoppity Hops...only bouncing please. Share.
9. Bicycles are parked / stored under the "east" stairs.
10. No swinging, no riding on one another. No piling on top of each other in the play area.
11. No eating or drinking on the turf or new play area.
12. Enjoy and be safe while playing.

Highlighting TK through 2nd Grade Science lessons and use of brain breaks

Some **Science** teaching and learning moments as well as brain breaks used during the first three weeks of school were provided and implemented by Mrs. Nelson, Miss Isaac, Miss Bote and Miss Ty in their classrooms. Elementary and middle school classes to follow next week...

Transitional Kindergarten

Science Objectives:

2.a. Name some common plants.

2.e. Describe the stages of life (e.g. birth, growth, death.)

After the teacher presented the lesson and played a short video, students worked in small groups to put cards on the correct spots for the life cycle of a sunflower. This activity was followed by a similar worksheet where students were to work individually to put the cycle of a plant in order.



Kindergarten:

Objectives: Students will develop an understanding of the five senses, the vocabulary of each of the five senses, and will know the differences between the five senses.

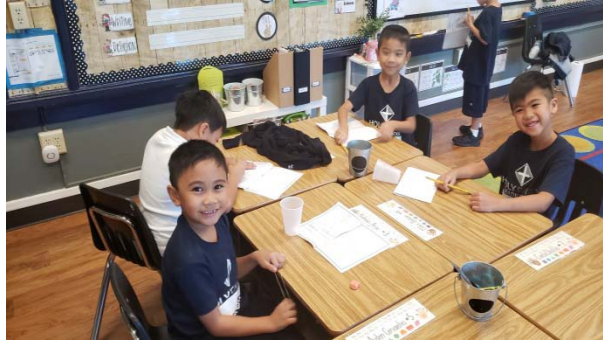
Process: Students were presented with a larger poster of the five senses. Many objects were passed around the class for students to touch, taste, smell, hear, and see. Students described to their elbow partners, which one (or more) of their senses they used to understand the object.



1st Grade

Objective: Students can plan and demonstrate that vibrating materials can make sound.

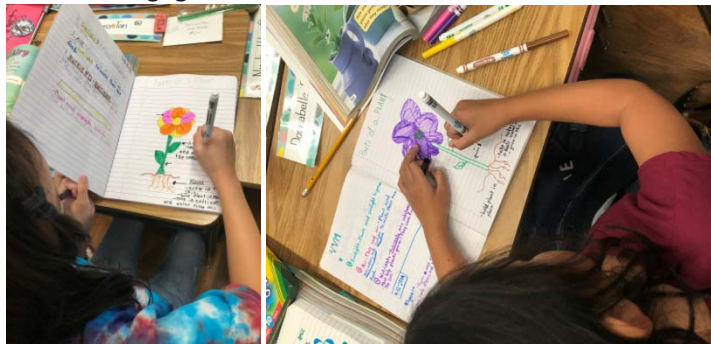
Process: Students worked in pairs and used rubber bands and plastic cups to create a contraption that allowed them to observe that vibrating materials make sound. They recorded their observations in their science journal.



2nd Grade

Objective: The students identified the basic needs of a plant and the parts of the plant.

Process: Through the use of notes and note-taking skills, they were able to utilize their transfer skills in order to identify the basic needs of a plant and identify the parts of the plant, which included their roles and what they would do for the plant. A Magic School Bus video was supplemented to support their learning and that kept the students engaged in their tasks.



Brain breaks

Transitional Kindergarten students used Jack Hartmann or The Learning Station guided dances, meditation, and breathing exercises. Here is link to a brain break that is done in TK. The video instructed them to do certain dance moves then freeze, so it activated their listening skills while allowing them to get up and release some energy. *Reference:* <https://youtu.be/388Q44ReOWE>



Kindergarteners used Brain break cards (Pencil Jump), Go Noodle, Jack Hartman “Shake Your Sillies Out,” phonics animals, yoga, and story time. Students rolled the dice and jumped over their pencil for the number that was rolled.



1st Graders made use of GoNoodle, stretching exercises, and coloring pages. See our 1st grade students’ dancing and singing along to aKidzBop or GoNoodle that a student got to choose from the website www.gonoodle.com.



2nd Graders used GoNoodle, fast exercises as a class (squats and jumping jacks) drawing contests, and quick dance parties to take some time out from the rigidity of academics. Squats and jumping jacks were employed as quick brain breaks while the class transitioned from subject to subject to get their blood moving and to get their energy out from all our hard work.



A prayerful meditation to begin our week:

"Lord Jesus, may your light dispel the darkness of sin, deception, and ignorance, so that all who are lost or confused may find their way to the Father's home and be united with him in a bond of peace and friendship. Transform my heart with your merciful love that I may point many others to the good news of pardon, peace, and new life which you offer to all who trust in you, the Good Shepherd and Savior of the world."

Psalm 51:1-2, 10 -11, 15, 17

1 Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions.

2 Wash me thoroughly from my iniquity, and cleanse me from my sin!

10 Create in me a clean heart, O God, and put a new and right spirit within me.

11 Cast me not away from your presence, and take not your holy Spirit from me.

15 O Lord, open my lips, and my mouth shall show forth your praise.

17 The sacrifice acceptable to God is a broken spirit; a broken and contrite heart, O God, you will not despise.

Important for the Week of September 16th, 2019

Sat. 9/14 - Happy 94th Anniversary of HFGS!

Tues. 9/17

8:00 a.m. – 8:45 a.m. – School Mass

6:15 p.m. – 7:30 p.m. – 8th Grade Parent Night Meeting, 8th Grade Classroom

Note: 1. End of STAR Testing

Wed. 9/18

8:30 a.m. – 9:00 a.m. – City of Glendale presents EcoHeroes Assembly in Creating a Sustainable Culture and Increasing Recycling Efforts

6:00 p.m. – 7:00 p.m. – Room Parent Meeting with Mrs. Anna Samuy, Art Room

1:00 p.m. – PCF 2019, Parish Country Fair Core Committee meeting

Sat. 9/21 – St. John's Seminary 80th Anniversary Gala (Honoring distinguished St. John's Seminary Alumni and dedicated Catholic leaders)

Congratulations!

- John and Dorothy Shea, Evangelii Gaudium, Joy of the Gospel Award Honorees
- Rev. James Anguiano, Associate Vicar for Clergy, Archdiocese of Los Angeles
- Most Rev. Joseph Brennan, Bishop, Diocese of Fresno
- Rev. Msgr. Gregory Cox, Executive Director, Catholic Charities of Los Angeles
- Most Rev. Marc V. Trudeau, Auxiliary Bishop, San Pedro Pastoral Region

References:

Fr. Jim's Bulletin, page 2

<https://d2wldr9tsuuj1b.cloudfront.net/20009/bulletins/20190915.pdf>

Grade School Website Calendar

<http://localendar.com/public/HFGS-Bulldogs>

Sisters of Charity of the Blessed Virgin Mary, Their Mission, and Core Values

<https://www.bvmsisters.org/>

Peace and blessings,

Dr. Fidela B. Suelto

Principal